

# GENERAL INFORMATION

Our camp runs from Monday to Friday,  
from 8 am to 5 pm,  
beginning Monday June 28, 2010.

## calendar

June 28 - July 2	July 26 - July 30
July 5 - July 9	August 2 - August 6
July 12 - July 16	August 9 - August 13
July 19 - July 23	August 16 - August 20

Campers range in age 4 to 13  
Campers may enroll in any of the following session:

8 weeks | 6 weeks | 4 weeks

Registration: \$ 35

Camp fee • Hot lunch • Snacks •  
Transportation • All trips •  
Swimming Pool • T-shirts • Bag

## all inclusive

4 weeks:	\$ 1000
6 weeks:	\$ 1350
8 weeks:	\$ 1640

## REGISTRATION

Monday - Thursday  
4:00 pm to 9:00 pm  
Sunday  
10:00 am to 3:00 pm

early  
bird

\$25  
OFF

Before April 30, 2010

special



PSRRT STD  
U.S. Postage  
PAID  
FLUSHING, NY  
PERMIT No. 387

LANA'S Gymnastics Club  
71-25 Main Street  
Flushing, NY 11367



CALL NOW

718.263.2121

or E-MAIL

lanagymnast@aol.com

free t-shirt &  
BACKPACK  
with registration

www.LGClubNY.com

Give Your Children a  
with **summer filled**  
**fun & memories**  
for Years to Come!



all inclusive  
summer day camp

call now

718.263.2121

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ALL INDOOR FACILITIES FULLY AIR-CONDITIONED

# - ALL INCLUSIVE SUMMER DAY CAMP -

## FOOD

Daily lunch and snack are provided. Meals are served in a restaurant like atmosphere. Our food service is handled by fine kosher caterer, who offers a variety of foods in which we take pride. Every nutritionally complete meal is served with an assortment of beverages.

## FACILITIES

All our indoor facilities fully air-conditioned! Our facilities consist of a 6000-sqare feet gymnasium, a large dancing hall and six playrooms with games, pool tables and movie center. In addition there is an outdoor secured play area. Our camp offers facilities that are first class in every respect. No little gyms, no crowded rooms and small pool! Luxurious compared to what most campers have experienced.

## TRANSPOR TATION

Transportation will include pick-up and drop-off ser-vice and all camp trips. A camp counselor will accompany the children on pick-ups and drop-offs.

secure, supportive environment for children



Certified by the City of New York Department of Health. We provide children a summer filled with fun and memories for years to come!

Lana's Gymnastics Summer Camp is an all Day Camp in Flushing, New York. Alex Rabinovich, owner/camp director is committed to the finest traditions in summer camp. For the last six years Alex has been directing the Lana's Summer Camp.

Alex hold's a Master's Degree in Sport Science and physical education. He also has a Safety Certificate from the USA Gymnastics Federation. Our staff has a clear objective at Lana's Summer Camp; to teach the children about fitness through healthy lifestyle choices, and of course have a great, fun filled summer. With sports and other activities, the camp provides a safe, secure and supportive environment for all campers. This basic philosophy will help aid in the growth and development of young and healthy children. We know we can make a difference in your child's life, don't miss this great opportunity to give the gift that keeps on giving. Sign up at

Lana's Summer Camp now! 718.263.2121

E-mail: [lanagymnast@aol.com](mailto:lanagymnast@aol.com)

## STAFF

Our professional adult staff consists of quality teachers who will be an essential part of the Lana's Summer Camp program. Each child will receive a great deal of personal attention from the entire staff throughout the summer. We selectively choose a staff that is caring and who make safety and health their foremost concern.

## RECREATIONAL

We provide a full range of recreational activities: outdoor and indoor games, contests and competitions. One of the most important parts of the camp experience are the friendships that develop. Our activities and programs are designed to bring our campers together socially. Our program also includes swimming at Astoria pool.

GYMNASTICS SOCCER BASKETBALL HANDBALL AIR HOCKEY POOL TABLE FOOSBALL BOWLING MINI OLYMPIC GAMES W/ DIPLOMAS & MEDALS SWIMMING BBQ PARTIES MINI DISCO Contests: MISS LANA'S LOOK-A-LIKE STORY ON THE STAGE KNIGHT'S TOURNAMENT and MUCH MORE